### CCSC Ladies Sailing - Safety Statement for Covid-19 Mitigation

#### 1. Project/ Task: Ladies Sailing

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Date of statement: 26/06/2020

Review date: Upon further changes/ guidance from the Government.

Brief description of task or project:

Ladies Sailing – A Friday morning session where CCSC adult members can practise their sailing skills in a safe and social setting. Open to all adults (not exclusive to Ladies).

### Ladies Sailing Covid 19 Risk Assessment

6. Assumptions:

- a. The clubhouse will remain closed for the duration of Ladies Sailing.
- b. A physical distance of 2m must be maintained between participants not living in the same household, or 1m (Plus being that we are outside) in the event that 2m cannot be maintained.
- c. Since social distancing cannot be maintained on dinghies vessels (such as dinghies, keelboats, safety boats) crewed by 2 or more people, all such vessels will be manned by persons from the same household.
- d. All participants will follow Public Health England's basic infection control advice and guidance for COVID-19.
- e. Hand washing facilities will be available in the CCSC washrooms (toilets) that are open to the public (including liquid soap dispenser and hand towels).
- f. Any person exhibiting symptoms of Covid 19 on the date of any Ladies Sailing session will not attend.

7. I have read the Covid 19 Risk Assessment provided by the GC and noted the following risks and mitigations relevant to this task (the corresponding GC risk identifier is provided in brackets in the first column):

No	IDENTIFIED HAZARD	People at risk and how	Mitigation			
			Mitigation actions	Likelihood	Impact	Risk
1 (1)	Use of car park	People at risk of contamination during parking, loading, unloading and moving around the site	Basic infection control measures 2m social distancing in car park Beachmaster supervision/marshalling	L	М	L
2 (6)	Use of changing rooms	Sailors at risk of contamination when in close proximity with others while changing and showering	Basic infection control measures 2m social distancing in changing rooms Follow CCSC Covid 19 guidelines on using changing rooms	L	М	L
3 (7)	Use of sail store	<ol> <li>Sailors at risk of contamination when in close proximity with others while collecting / returning equipment</li> <li>Contamination from unclean surfaces and other items</li> </ol>	Basic infection control measures, involving washing/ sanitising hands before entering the sail store. 2m social distancing in sail store	L	М	L
4 (8)	Interaction in boat park	Sailors at risk of contamination when in close proximity with others	Basic infection control measures 2m social distancing in boat park Beachmaster supervision/marshalling	L	М	L

No	IDENTIFIED HAZARD	People at risk and how	Mitigation			
			Mitigation actions	Likelihood	Impact	Risk
5 (9)	Interaction on beach/ slip at launch/recovery	Sailors at risk of contamination when in close proximity with others	Basic infection control measures	L	М	L
			2m social distancing between dinghy crews on beach/slip			
			Maximum if 6 people to be on slipway at any one time.			
			Beachmaster supervision/marshalling			
6 (14)	Interaction on safety boats	1. Cross contamination	Basic infection control measures	М	М	М
		between crew members in close proximity 2.	Safety boats to be manned by one driver or 2 people from the same households			
		2. Contamination by use of handheld VHF	Clean radio with disinfectant before and after use			
		3. Contamination by use of safety boat controls	Clean controls with disinfectant upon change of driver and at end of session			
7 (16)	On-water interaction between crew members of participating dinghies.	Cross contamination between crew members in close proximity.	Basic infection control measures	м	М	М
			Dinghies must be crewed by persons from a single household			
8 (17)	On-water interaction between crews of adjacent boats (dinghies and/or safety boats)	Cross contamination by sailors of dinghies and/ or safety boat crew members in close proximity	Basic infection control measures.	L	М	L
			"Socially distanced sailing" - maintain 2m distance between dinghies and/or safety boats (except in an emergency/rescue scenario when the safety of participants must take precedence)			
			Supervision/Marshalling by beachmaster and safety boat crews.			

No	IDENTIFIED HAZARD	People at risk and how	Mitigation			
			Mitigation actions	Likelihood	Impact	Risk
9 (18)	First Aid/ resuscitation	1. Contamination between first aider and casualty	Basic infection control measures.	Ŧ	М	Н

## Additional Requirements

8. At each Ladies Sailing session, the Beachmaster will maintain a record of participants and safety boat crews in order to support CCSC or PHE test and trace it required. The record must be kept for one month.

9. Risk assessment will be emailed out to Ladies Sailing participants and participants will be reminded of it at the start of each session.

10. To reduce the demands on safety boat crews during sessions, and therefore to support social distancing, the following constraints will apply to Ladies Sailing sessions:

- a. A maximum (constant) wind speed of 20 knots.
- b. All participants will be required to confirm to the beachmaster that:
  - 1) They are comfortable sailing in the prevailing weather conditions. Factors to consider when agreeing to a participant to sail in a particular Ladies Sailing session:
    - Forecast temperature, wind speed, direction, sea state, tide, visibility.
    - Participants' competence.
    - Safety crew competence.
    - Type(s) of craft involved.
  - 2) They can recover their vessel unaided in the event of a capsize. This can be further mitigated if deemed appropriate by;
    - Use righting lines.
    - Mast head floats.
  - 3) They are carrying a long painter on board to enable a line astern tow from the Safety Boat.

## Planned timescales

11. Ladies Sailing will be programmed every Friday morning from 10 July 2020 until mid-October between 9.30am and 12 midday. Safety crew to be onsite from 9am.

### Date of statement/ version: 28/6/20 v1

## Signatories:

## Project Lead:\*

PRINT:---Michaela O'Toole----- Sign: ----- Date: 28/06/2020------

e-acknowledgment (in lieu of signature):

 $\Box X$  I have read and agree to this document

# Safety Statement author (if different to project lead):

PRINT:----- Date: ----- Date: ------

e-acknowledgment (in lieu of signature):

 $\hfill\square$  I have read and agree to this document

# CCSC Covid-19 Response Coordinator:\*

PRINT: Grace Martin Sign: ----- Date: 2/7/20

e-acknowledgment (in lieu of signature):

 $\Box x$  I have read and agree to this document

# GC Committee Member:\*

PRINT: Ian Green Sign: ----- Date: 2/7/20

e-acknowledgment (in lieu of signature):

 $\Box X I$  have read and agree to this document

\*Required to sign/ e-acknowledge (click on checkbox in Word)